

Hmong Population—Aging & Diversity Impacting Housing, Healthcare & Transportation



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Knowing Your Population— Establishing a Vibrant & Livable Community

Minnesota → 75,000

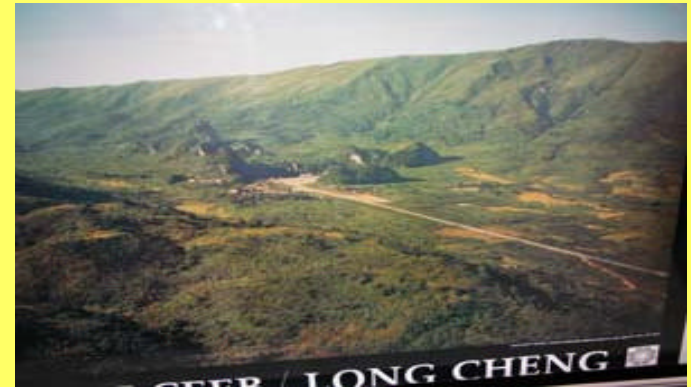
California → 65,000

Wisconsin → 55,000

Other States → North and South Carolinas, Georgia,
Washington, Arkansas, Connecticut, Illinois, New York,
Kentucky, Texas

Distinctive Hmong Immigration Waves

- **Late 1970's—mid 1980's**
- **Late 1980's—late 1990s**
- **Refugees from Wat Thamkrabok**



Housing--AGING

Elders → traditions, transitional changes,
today's situation

Living with family nucleus members, →
Other housing arrangements (Nursing homes, or
From one sibling to the next)

From living independently → living with children or
Other housing arrangements

Housing—General Trends

Renters → ownership

Ownership → multiple property owners and landlords

Concerns: Decrease of home ownership in the future,
Overcrowding, homelessness, rental and housing
issues with new refugees

Transportation— aging & diversity

Walking → horses → Cars/public transportation

Single car family ownership → Multiple cars owned by
One family

Cultural & Language Barriers → Public transportation

Elders → Lack of drivers (constrain for many elders) →
Mental/Health Issues

Healthcare

Traditional methods: Spiritual Healings, Shamanism, Animists, Herbs

3 Stages

Traditional → Transition (Medicines, Hospital, Insurance, Cultural , Language → Stability and Understanding

Wat Thamkrabok → Increase in Healthcare issues → Cultural, Language, Seeking for Services

Current Services

Elders → Healthcare, Transportation, Housing

- Still skeptical but improving about western medicine
- Traditional medicine and practices are preferred
- Utilizing community services/organizations—providing Transportation to recreational events, family gatherings,

New Refugees → Transitional process (familiarity with housing, transportation system if not available privately, trust in healthcare system and utilize it when needed)

General Population → Health care costs, health insurance, Clinics to providing services to low-income & uninsured

What the future holds?

→ Housing arrangements will continue change to changes due to family dynamics—elders especially

→ Improve transportation for elders—socialization, recreational activities

→ Healthcare—achieving a good balance with western medicine and traditional practices